

Youth Wrestling 2018-2019 - Panther Wrestling Club

Who can participate? NRHEG students (male or female) in grades Pre-K through 6th grade are invited to participate. Wrestlers MUST be potty trained and will be expected to follow reasonable behavior rules during practices and tournaments.

Registration Meeting for parents and wrestlers

Monday, November 12 at 6pm, NRHEG High School Commons, New Richland

Singlets will be checked out, practice schedules, tournament information, meet the coaches: Krey Cory and Shawn Larson, turn in forms, and Panther Gear samples will be available to view (and order). Optional: Bring any wrestling shoes your family has outgrown to swap!

Please register online BEFORE the meeting at <http://nrhegpantherwrestlingclub.weebly.com/>.

A link to this website can also be found on the NRHEG school website. You will still need to sign hard copies of the Parental Consent form, Concussion form, and Media Permission form. You can print these when you register online, or copies will be available at the registration meeting. Payment will also be accepted at the meeting.

When will practices be held? Practices will start the week of November 19 with the following schedule. All practices will be held in the New Richland wrestling room (enter door # 13 on the West side of the school).

Monday 6 – 7:30 - Advanced Practice with 2nd to 6th graders with at least 2 years of wrestling experience

Tuesday 6 -7:30 - Competition Practice starting in January

Thursday 6 - 7:30 – Fundamental Practice with Pre-K to 2nd Graders

Parent help is WELCOME! Parents who are interested in helping with Monday night practices should talk to Krey Cory or Matt Holland. Any parents who are not actively helping coach or directly assisting our youngest wrestlers are asked leave the practice room during practice in order to not distract from the teaching and learning.

Cost of participating. There is a \$30 program fee for Panther Youth Wrestling, due before the wrestler attends practice. This fee includes weekly practices, 3 tournaments (2 home and one TBD), and a Panther Youth Wrestling t-shirt for ALL wrestlers. **Singlets.** If you want to borrow a singlet for the season, you will be required to write a check for the cost of a new singlet (\$70 per singlet). That check will be held by our treasurer throughout the season and returned (uncashed) in March when the singlet is returned. If a singlet is not returned by May 1, 2019 the corresponding check will then be cashed in order for the club to replace the singlet. This check should be written separately from the program fee so that it can be returned to you.

Tournaments. The Panther Wrestling Club will host 2 local individual tournaments in New Richland: Saturday, January 5th and Saturday, February 2. Both of these tournaments will be FREE to Panther wrestlers. Our club will also sponsor participation of Panther wrestlers in at least 1 additional tournament in a nearby community, date to be determined soon. This designated tournament registration will be paid by the club and will be FREE to Panther wrestlers. Other individual tournaments in southern Minnesota can be found on the Guillotine website (go to theguillotine.com, Youth tab, click Calendar). If you attend, you are responsible for paying the registration cost and a parent coach is recommended to be matside during matches.

Iron Man Program. Panther Wrestling Club encourages participation in tournaments because wrestlers learn from experience. The Iron Man program recognizes those wrestlers who have participated in 4 or more tournaments before Sunday, February 3, 2018. A presentation will be made before a NRHEG High school wrestling meet and each Iron Man qualifier will earn an Iron Man wrestling gift.

Panther Wrestling Gear. Samples will be available at the meeting. All order forms with payment should be sent to Lindsey Schlaak. The first deadline is November 21 and the second deadline is January 10. No group orders will be made after the deadline, although you may contact Vicki Hansen @ 402-3824 to make an individual order yourself.

Contact or Updates

Questions? Contact Lindsey Schlaak at 02schlaak@gmail.com

Website: <http://nrhegpantherwrestlingclub.weebly.com/>

Facebook group: NRHEG Panther Wrestling

Twitter: Follow [nrhegwrestclub]